

Programs

Bachelor of Arts Degree

A Bachelor of Arts Degree consists of 30 credits of [Core Curriculum](#) and at least one Major (36–60 credits), for a total of 120 credits.

Majors

- [Contemplative Art Therapy](#)
- [Contemplative Psychology](#)
- [Creative Writing & Literature](#)
- [Elementary Education](#)
- [Environmental Studies](#)
- [Interdisciplinary Studies](#)
- [Music](#)
- [Religious Studies](#)
- [Visual Arts](#)
- [Yoga Studies](#)

Students with an additional area of interest are encouraged to consider declaring a second Major and/or one or more [Minor\(s\)](#). All credits that do not satisfy [Core](#), Major or [Minor](#) requirements are considered Electives and count toward the total 120 degree credits needed to earn a BA degree.

Minors

- [Contemplative Art Therapy](#)
- [Contemplative Martial Arts](#)
- [Contemplative Psychology](#)
- [Creative Writing & Literature](#)
- [Ecology and Systems Science](#)
- [Environmental Justice](#)
- [Environmental Sustainability](#)
- [Film and Media Studies](#)
- [Food Justice](#)
- [Gender and Women's Studies](#)
- [Intercultural Studies](#)
- [Music](#)
- [Peace Studies](#)
- [Performance](#)
- [Permaculture](#)
- [Religious Studies](#)
- [Sacred Ecology](#)
- [Sanskrit Language](#)
- [Social Innovation](#)
- [Tibetan Language](#)
- [Visual Arts](#)
- [Yoga Studies](#)

Undergraduate Core Curriculum

- [Requirements](#)
- [Courses](#)

Elementary Teacher Licensure Program

- [Requirements & Courses](#)

Masters Degree Programs

- [Clinical Mental Health Counseling](#)
 - [Contemplative Psychotherapy and Buddhist Psychology](#)
 - [Somatic: Body Psychotherapy](#)
 - [Somatic: Dance/Movement Therapy](#)
 - [Transpersonal Art Therapy](#)
 - [Transpersonal Counseling Psychology: Mindfulness-Based Transpersonal Counseling](#)
 - [Transpersonal Wilderness Therapy](#)
- [Creative Writing \(low-residency\)](#)
- [Creative Writing & Poetics](#)
- [Ecopsychology \(low-residency\)](#)
- [Master of Divinity](#)
- [Religious Studies](#)
 - [Contemplative Religions](#)
 - [Indo-Tibetan Buddhism](#)
- [Religious Studies with Language](#)
 - [Contemplative Religions](#)
 - [Indo-Tibetan Buddhism](#)
- [Resilient Leadership](#)
- [Theater: Contemporary Performance](#)

Certificate Program

- [Yoga Studies: Yoga Teacher Training](#)

Other Programs

- [Certificate Program in Yoga Studies](#)
- [Study Abroad](#)
- [Summer Writing Program](#)